



INDIAN MEDICAL  
ASSOCIATION OF NEW ENGLAND

41<sup>st</sup>  
ANNUAL  
MEETING

Saturday, Nov. 16, 2019  
Embassy Suites, Waltham, MA



THE BOSTON GROUP IS PROUD TO SUPPORT  
THE MISSION AND GOALS OF THE INDIAN MEDICAL  
ASSOCIATION OF NEW ENGLAND.  
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**YOU MUST  
BE THE CHANGE  
YOU WISH TO SEE  
IN THE WORLD.**



*Mahatma Gandhi*

# MEETING AGENDA

## IMANE ANNUAL DINNER GALA NOVEMBER 16, 2019

4:00 p.m.	Registration
4:30-5:30 p.m.	General Body Meeting with Elections
5:00-6:30 p.m.	Cocktail Reception and Exhibitors
6:30-8:00 p.m.	Key Note Speaker, Awards and Recognitions

### **Welcome and Presidential Year Review**

**Saraswathi Muppana, MD**

President, IMANE

### **Chief Guest and Keynote Speaker**

**Brian Pereira, MD**

President and CEO of Visterra Inc

*"Coming to America- Perspective as a Physician, Researcher and Executive"*

### **Guest of Honor**

**State Representative Kay Khan-11th Middlesex District**

House Chair, The Joint Committee on Children, Families, and Persons with Disabilities

### **Special Guest**

**Suresh Reddy, MD**

President, AAPI

### **Presentation of Awards**

### **Concluding Remarks**

**Dhrumil Shah, MD**

President-Elect, IMANE

8:00 - 11:00 p.m

*Indian Gourmet Dinner and Entertainment*

*Enjoy the evening with melodious songs by best singers of New England – Raghu Saranathan and Sowmya Sri*

*Dance your heart to the beats of our DJ Ramakrishna Penumarthy*

# PRESIDENT'S LETTER

Dear IMANE family,

I feel humbled to have served as the 41st President of IMANE this year, I would like to thank each and every one of you for taking the time to be here today. Truly appreciate the support and it means a lot for us as an organisation. I also would like to thank all members of the Executive Team, Members at Large and Board of Trustees, the entire IMANE membership, MMS staff, AAPI members who travelled all the way to show their support, and the sponsors.

It has been a very enriching year in terms of building relationships and collaborating with different organisations and trying to get members involved, and to get more prominence for IMANE in the medical community locally and nationally. We made so many new friends, learnt a lot in the process, meet wonderful people along the way, was able to contribute in many ways, and I would encourage all of you to participate in your local medical community IMANE

Last year I was very enthusiastic and wanted to build bridges between different origin medical communities and their organisations, wanted to take the issues of pain and addiction to Capitol Hill, and many more things, but in my humble effort here are the things we did this year:

**Health Awareness:** IMANE continues to serve our community. We provided health care screening with INE Multimedia Health and Wellness Expo, where IMANE's doctors provided free health screenings to many people. As healthcare speakers we are educating the community regarding general health, weight maintenance, Ask the Expert tables at health expo with emphasis on preventive medicine.

During IAGB, India Day, IMANE started collaborating with the Tufts Dental School, wherein this year we provided free dental/ health check, BP, Spo2, HbA1C screening, which was well received. We also had a medical intern from India who served at IMANE table, and was thrilled at the learning experience she received. Medical students and interns are the future of IMANE and we felt humbled that we could give her this opportunity, and hoping that she will spread the good word about community service in healthcare and IMANE. We also had an opportunity to recruit more members during this event.

**AAPI:** IMANE collaborated with AAPI and organized a Obesity Campaign in Burlington.

We educated kids and adults regarding the impact of maintaining a healthy life style and eating right. Obesity is an epidemic and I feel we have a long hard battle ahead of us in preventing and treating Obesity and related diseases.

IMANE has continued to strengthen its alliance with National AAPI. IMANE members attended the General Body Meetings held at Charlotte and St Louis, Global Health Summit at Hyderabad, Israel Jordan trip, Annual Convention, India Day parade. IMANE / AAPI members participated in AAPI's educational events, and other related events.

**Nasir Khan Memorial CME Event:** IMANE hosted its annual educational CME event in May at Massachusetts Medical Society with a focus on Multi Speciality education. The event was well attended and appreciated by all members, we were successful in raising funds from different sponsors, appreciate all the effort of the EC and BOT in making this event a grand success.

We also submitted Maintenance of board certification (MOC) bills to both state Massachusetts and Rhode Island in June 2019.

**Women's Forum:** We had many interesting and unique sessions like weight loss medicine, anti aging, rejuvenation, it was a very involved and learning with fun experience. Friends got to meet each other, and it was indeed a strong networking platform.

Financially, with the help of our sponsors we are able to conduct the community health clinics in Worcester, and health camps, and able to help other organisations within means.

In conclusion, I am very grateful for all the help I received this year. I want to thank my team and the Board of Trustees for all their support. I want to thank IMANE Chapter Administrators, for always being there to help.

Always grateful to my parents and siblings for introducing me to medical world and my very supportive spouse with whose help and understanding I was able to contribute in a small way to IMANE this year, I thank all my friends and family who have burnt the mid night oil with me.

I would like to thank sponsors, AAPI family and each and everyone of you for being a part of this memorable journey for me.

This is only the beginning of community service that we are doing, we have a long way to go.

We have a strong leader Dhruvil Shah year 2020 and I believe that IMANE will be even better. I wish him and his team the very best.

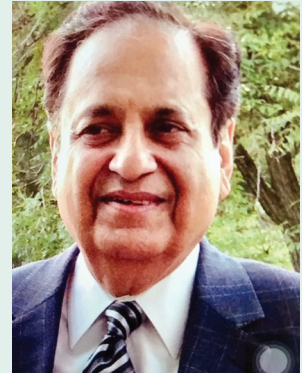
Thank you.

Saraswathi Muppana, MD



# CHAIR OF BOARD OF TRUSTEES

## **Pramod Shah, MD**



*Dear members of IMANE*

*It is a pleasure to see you all here today.*

*Under the leadership of Saraswathi Muppana IMANE has seen its best year in sometime. She has worked very hard not only to make this year a successful year but also put the seeds in for The next successful years.*

*I on behalf of the board of trustees congratulate her for a successful year, hard work and her devotion to her duties as a president of our organization. We also congratulate the executive committee for their hard work and commitment to the bright future of IMANE. Looking at the executive committee I know that IMANE will do very well for at least the next few years.*

*Once again thank you all on behalf of the board of trustees.*

*Sincerely,*

*Pramod Shah*

*Chair, BOT 2019*

# WELCOME FROM THE PRESIDENT-ELECT

## **Dhrumil Shah, MD**



*Dear IMANE Community,*

*Life of a physician in today's environment is full of challenges and opportunities we have never faced in the past. As we all get ready to welcome 2020 and reflect on our current year, I feel honored and humbled at the same time representing all of us as IMANE community with the drive to continue to create value.*

*I hope to succeed in earning your trust and support throughout the year of 2020, by representing your voice and values as your incoming president in all venues and ventures we take part together as a community. The purpose of our organization is not only to organize and support various professional and social activities within the region we serve, but also to create a dynamic environment for future generations to get inspired and promote our values of inclusivity, diversity and collaboration.*

*In 2019, our President Dr. Muppana led us to build many such great avenues and relationships within the new england region. Today we stand united and stronger than ever before because of efforts and hardwork of many of the past IMANE leadership team members. Our ongoing success can only be achieved with engagement and participation from all IMANE members. Let us make the year 2020 about us as a TEAM and about what we all stand for as a community full of healthcare professionals. Let us all commit to taking a step toward creating new relationships and cherishing the old ones we have.*

*I am a family physician, informaticist and a social entrepreneur with a passion to improve healthcare by making it a little more 'healthy' and 'caring' through collaboration and innovation. The purpose which drives me is the same which drives all of us and I hope to see you all engaged and enlightened as you build the future of this industry and our organization together.*

*Thank you*

*Dhrumil Shah*

*President-elect, Indian Medical Association of New England*



## **Dr. Brian J G. Pereira**

*Brian is President and CEO of Visterra Inc, a biotechnology company in Waltham, MA. He was previously President and CEO of AMAG Pharmaceuticals. He has also held senior roles at Tufts Medical Center including President and CEO of a Tufts Medical Center Physician Organization and interim COO of Tufts Medical Center. Brian is Chairman of the Board of Directors of Africa Healthcare Network and of NephroPlus Ltd. He is a member of the Board of Directors of KalVista Pharmaceuticals and Cullinan Oncology Pear.*

*He has previously served on the Board of several private and public companies, was the Chairman of the Board of the Harvard-MIT Biomedical Enterprise Program and President and Board member of the National Kidney Foundation. Brian is an Adjunct Professor of Medicine at Tufts University School of Medicine and has authored over 200 published scientific articles. He received his medical degree (MBBS) from St. John's Medical College, MD (Medicine) and DM (Nephrology) from the Post Graduate Institute of Medical Education & Research (PGIMER), and MBA from Kellogg School of Management at Northwestern University.*



# GUEST OF HONOR

## State Representative Kay Khan

State Representative Kay Khan has represented Newton in the Massachusetts House of Representatives since 1995. She currently serves the 11th Middlesex district, which consists of Ward 1: Precincts 2, 3, Wards 2, 3, 4, and Ward 7: Precinct 2. Representative Khan has championed many projects to completion, including the implementation of the Auburndale and Waban sound barriers, the construction of the Lower Falls Pedestrian Bridge and the renovation of the Lower Falls Community Center. Currently, the Representative is working with a coalition of stakeholders to make all three Newton Commuter Rail Stations accessible and has already secured over \$20 million in funding for the project through the Capital Improvement Plan.



Representative Khan was appointed by Speaker Robert DeLeo in 2009 to serve as the House Chair of the Joint Committee on Children, Families, and Persons with Disabilities, and has served in this capacity ever since. The Committee provides legislative oversight of the Department of Children and Families, the Department of Developmental Disabilities, the Department of Youth Services, the Department of Transitional Assistance, the Commission for the Blind, the Commission for the Deaf and Hard of Hearing, and the Massachusetts Rehabilitation Commission. The Committee also works closely with the Department of Early Education and Care as well as the Department of Mental Health.

Representative Khan's legislative portfolio celebrates and promotes diversity; she is an unshakable advocate for equal rights for all individuals, young and old, in the Commonwealth. Representative Khan's legislation to ban conversion therapy was one of the first bills signed into law during the current legislative session, thus advancing LGBTQ+ rights one-step further in the Commonwealth. Some of her other legislative priorities this session include ending child marriage in Massachusetts, expanding access to maternal health care, and promoting better outcomes for justice-involved youth and women.

Representative Khan is an adamant supporter of environmental issues. Last session, the Representative sponsored legislation that increased the Renewable Energy Portfolio Standard, a program that requires a certain percentage of the state's electricity to come from renewable energy; this legislation was ultimately included in the Environmental Bond bill signed into law on July 31, 2018. Her leadership on combating climate change earned her the designation of "Champion" by the Environmental League of Massachusetts. Furthermore, Representative Khan is a proud co-sponsor and advocate for legislation relative to reducing carbon emissions, investing in a clean energy economy, and promoting environmental justice.

Representative Khan earned her bachelor's degree from Boston University School of Nursing. Her first job as a nurse was at Boston Children's Hospital. Following this, she became an instructor for Boston University School of Nursing undergraduate students on a pediatric rotation. She went on to earn a master's degree in Psychiatric Mental Health Nursing from Boston University, graduating with honors and worked in a private group practice in Newton for close to 20 years. Representative Khan serves as a Board Member of the New Philharmonia Orchestra and is a founding Board Member of the Newton Cultural Alliance.

Representative Khan has lived in Newton for more than 40 years where she and her husband raised their three children and now enjoys her seven grandchildren.

### Representative Khan Past and Present Positions

- ▶ Co-Chair, Special Commission on Mandated Reporting of Known or Suspected Animal Cruelty, and Abuse of Children, the Elderly and Disabled Persons
- ▶ Co-Chair, Justice Involved Women Task Force
- ▶ Member, Unaccompanied Homeless Youth Commission
- ▶ Member, Criminal Justice Reform Caucus
- ▶ Member, Child Welfare Data Reporting Task Force
- ▶ Member, Sexual Abuse Prevention Task Force
- ▶ Founder and current Co-Chair, Task Force on Justice Involved Women and Their Children
- ▶ Former Co-Chair, Massachusetts Caucus of Women Legislators
- ▶ Founder and former Co-Chair, Mental Health Caucus, the first of its kind in the country



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Suresh Reddy, MD  
President & CEO, AAPI



Seema Arora, MD  
Chair, AAPI BOT

September 10, 2019

Dear Esteemed Members of Indian Medical Association of New England (IMANE):

It's with immense pleasure that we bring greetings to you from the leadership of American Association of Physicians of Indian Origin. AAPI over the years has matured into one of the most powerful and largest ethnic Organizations in the US, the credit for which goes to the past leaders and the membership.

We are excited to state today that AAPI is very proud of IMANE for its achievements and the many contributions to the national AAPI. It's amazing to note that IMANE has been in the forefront in enabling its leaders to become leaders at the national level as well.

Representing more than 1,000 physicians, IMANE has contributed many leaders of AAPI the national level such as Dr. S. Jay Jayashankar, Dr. Ram Upadhyay, Dr. Chander Kapasi, Dr. Seema Arora, Dr. Sameer Kapasi, Dr. Sajani Shah, Dr. Sapna Aggarwal, Dr. Onaly Kapasi and many others have served and are currently serving national AAPI in various leadership positions.

Many of the physicians who represent IMANE have excelled in different specialties and subspecialties and occupy high positions as faculty members of medical schools, heads of departments, and executives of hospital staff. We all are immensely proud of all your accomplishments and contributions to US health care system.

We commend and laud the efforts and hard work of all the organizing committee members. Please enjoy the Anniversary Gala Banquet which IMANE Chapter President Dr. Saraswati Muppana, her Executive Committee and convention team has worked hard to put together. I congratulate Dr. Sameer Kapasi, AAPI Regional Director for his hard work and being a liaison between both IMANE and National AAPI.

Wishing you all the very best and a very successful convention in Boston.

Sincerely,

Suresh Reddy, MD  
President, AAPI

Seema Arora, MD  
Chair, AAPI BOT



Ravi Kolli, MD  
Secretary, AAPI



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# IMANE EXECUTIVE COMMITTEE 2019



## **Saraswathi Muppana, MD - PRESIDENT**

Dr Muppana is American Board Certified in Internal Medicine, Pulmonary, Critical care medicine, Sleep medicine and Obesity medicine. She runs a multi specialty practice in Boston at two locations, and is affiliated with Beth Israel Deaconess - Lahey Hospital Milton and Plymouth locations, and Tufts Medical Center, Massachusetts.

- ▶ She is the President, 2019 INDIAN MEDICAL ASSOCIATION OF NEW ENGLAND (IMANE)
- ▶ Vice President, AMERICAN ASSOCIATION OF PHYSICIANS OF INDIAN ORIGIN- SLEEP (AAPIOS)
- ▶ Medical executive committee member at Beth Israel Deaconess Lahey Hospital Milton.
- ▶ Nominated for top 20 Women of the Year (2019) of Indian Origin in New England.
- ▶ Her favorite quote is " Be the change you want to see in this world".

## **Dhrumil Shah, MD - PRESIDENT ELECT**

Dhrumil Shah is a family physician and a CMIO/CIO at Compass Medical, an independent provider led organization in Southeast Massachusetts. His primary interests and focus areas are Digital health innovation, Data science and Care analytics, Health innovation and Entrepreneurship and Life science technology commercialization.

Dr. Shah did his Family Medicine training at New Jersey Medical School, and subsequently graduated from University of Illinois Chicago completing his Post Masters in Health Informatics. He is actively involved in Health IT space via advisory services and participates in national and regional speaking engagements.



## **Seema Gupta, MD, MSPH - SECRETARY**

Dr Gupta is a board certified Internist and Addiction Medicine specialist. She is currently working in Quincy and lives in Needham. Her passion is holistic medicine and she is also trained in Hypnotherapy.

## **Akash Patel, MD - TREASURER**

Dr. Patel earned his Medical School Degree from Pramukhswami Medical College; Sardar Patel University; Gujarat, India. Dr. Patel completed his Family Medicine Residency at University of Medicine & Dentistry of New Jersey / Hoboken University Medical Center in Hoboken, NJ. Dr. Patel is Board Certified in Family Medicine. Dr. Patel's clinical interests include Hypertension, Cardiovascular Health and Preventive Medicine.



# IMANE EXECUTIVE COMMITTEE 2019



## **Sonali Khond, MD - MEMBERS AT LARGE**

Dr. Sonali Khond is a primary care physician at Compass Medical located in the town of Easton. She also serves as an assistant medical director at Southeast Rehabilitation & Skilled Care Center. Dr. Khond has graduated from Lokmanya Tilak Municipal Medical College in Mumbai, India, and has completed her residency from New York. Dr. Khond is honored to be part of the IMANE committee and strives to increase networking among the organization. Outside of the medical world, Dr. Khond's hobbies include traveling, dancing, yoga, meditation.

## **Mohani Malhotra, MD**

Dr C Mohani Malhotra, (Monie), a graduate of Lady Hardinge Medical College with residency training at AIIMS, New Delhi has been professionally affiliated with Harvard Hospitals, Lahey Clinic, VA Medical centers and academically with Harvard and Tufts in Boston, UMass in Worcester and Brown University in Providence RI as neuroradiologist. She served in USAR and retired as Lt. Col. She has served IMANE at various levels during the past several years. Parallel with academic medical carrier she took training in fine arts including classes at Museum of Fine Arts in Boston. She currently conducts art classes in her art center.



## **Paul G. Mathew, MD, FAAN, FAHS**

Paul G. Mathew, MD, FAAN, FAHS is an Assistant Professor of Neurology at Harvard Medical School (HMS), and holds clinical positions at three HMS affiliated institutions. He serves as the Director of Continuing Medical Education at the Brigham & Women's Hospital, Department of Neurology, John R. Graham Headache Center. He is also a staff neurologist at Harvard Vanguard Medical Associates/Atrius Health and the Cambridge Health Alliance. He completed his neurology residency at Temple University Hospital in Philadelphia, PA, and then completed a fellowship in headache medicine at Mayo Clinic in Rochester, MN.

He is board certified in neurology and headache medicine. He is the founder and clerkship director of the Harvard Medical School Advanced Neurology Clerkship. He also serves on the faculty of the Harvard Medical School Cambridge Integrated Clerkship.

## **Shika Merchia, MD**

Shikha Merchia is board certified in Internal Medicine with special clinical interest in obesity and lifestyle medicine. Currently works at Compass Medical in East Bridgewater MA . She has been a member of IMANE for 13 years and a member at large for 3 years.



## **Geeta Trivedi, MD**

Geeta Trivedi, MD, graduated from BJ Medical College, Amdavad, Gujarat, India, and soon after started a career in anesthesiology since coming to the U.S. in 1971. She received her anesthesiology training from Cambridge City Hospital and was a Clinical Fellow at Harvard University. She has been on the staff of Malden Hospital and Santa Maria Hospital in Cambridge and currently works at the Same Day Surgical Center in Fall River, MA, as an anesthesiologist. Dr. Trivedi is married to Rajendra Trivedi, MD, who is a psychiatrist in Stoneham, MA, and a member of IMANE. She was Treasurer of IMANE for two years and has volunteered with her husband and their families working with the Blind People's Association in Gujarat, India.

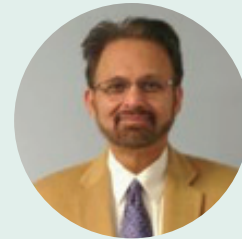
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*Vikas Desai, MD*



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*Rajendra Trivedi, MD*



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Devila Shah, MD



**APPI Regional DIRECTOR**  
Sameer Kapasi, MD

**YPS MEMBER**  
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Pramod Shah, MD (Chair)

**IT COMMITTEE**  
Dhrumil Shah, MD  
Sameer Kapasi, MD

**WOMENS FORUM:**  
Sapna Aggrawal, MD  
Mohini Malhotra, MD

# PAST PRESIDENT



**2018**  
Vikas Merchia, MD



**2017**  
Sameer Kapasi, MD



**2016**  
Sapna Aggarwal, MD



**2015**  
Seema Arora, MD



**2014**  
Sajani Shah, MD



**2013**  
Manju Sheth, MD



**2012**  
Sucheta Doshi, MD



**2011**  
Arun Chaudhary, MD



**2010**  
Geeta Trivedi, MD



**2009**  
Nasir Khan, MD



**2008**  
Manorama Mathur, MD



**2007**  
Apurv Gupta, MD



**2006**  
Purnima Sangal, MD



**2005**  
Lalit Savla, MD



**2004**  
Onaly Kapasi, MD



**2003**  
Sahdev Passey, MD



**2002**  
Anup Singh, MD



**2001**  
Brinda S. Kamat, MD



**2000**  
Venkata Ravi, MD



**1999**  
Shreekant Chopra, MD

# PAST PRESIDENT



**1998**

Santhosh Shetty, MD



**1997**

Babu Ramdev, MD



**1996**

Neelam Sihag, MD



**1995**

Ammani Dasari, MD



**1994**

Mohan Korgaonkar, MD



**1993**

Teju Shah, MD



**1992**

Pankaj Shah, MD



**1991**

Janine Saldhana, MD



**1990**

Chander Kapasi, MD



**1989**

Mohani Malhotra, MD



**1988**

Madhukar Phatak, MD



**1987**

Sharmista Patel, MD



**1986**

Pramod Shoparkar, DMD



**1985**

Shankar Garg, MD



**1984**

K. Ramaswamy, MD



**1983**

Manorma Saini, MD



**1982**

Narendra Shah, MD



**1981**

Yogeshwar Dayal, MD



**1980**

Dinesh Patel, MD



**1979**

Bhagwan Sahani, MD

# IMANE CALENDAR OF EVENTS 2019

## January 10

First EC meeting of the year held at the Massachusetts Medical Society/Waltham. The dates of the following monthly meetings and special events like CME, Cruise, and Annual gala were proposed, it was fun filled during the winter months and we introduced ourselves and got to know the new team, layed down the plan for the year, including membership drive, collaborations with other organisations, community health events.

## February 5

EC meeting (teleconference).

## March - Few Events

- ▶ EC meeting (teleconference).
- ▶ AAPI Governing body meeting at Charlotte was attended by IMANE team
- ▶ INE Health and Wellness Expo, IMANE provided free health screenings, Ask the Doctor segment, membership drive, IMANE members were speakers and moderators in different panels.

## April 11

- ▶ EC meeting held at the Massachusetts Medical Society/Waltham. Planning for CME program was at full swing, working on membership drive, collaborating with other organisations.
- ▶ Dr Muppana was nominated as one of the top twenty women of the year 2019 by India New England

## May 11

- ▶ EC meeting held at the Massachusetts Medical Society/ Waltham
- ▶ Spring Educational CME Program
- ▶ Nasir Khan Memorial Lecture Series / Updates in Medical/Surgical Specialties held at Massachusetts Medical Society/Waltham. 8 am - 2 pm., five speakers (5.0 AMA PRA Category 1 Credits™). Chair; Dr Paul Mathew, Co chair: Dr Sameer Kapasi.

## June 9

Women's Forum Event held at the Burlington Public Library/ Burlington, MA from 1:30 – 3:30 pm. Anti-aging and Secrets of Glowing Skin presented by Kalpana Chatterjee; Weight Loss - Do's and Don'ts presented by Dr. William Cobb.

## June 13

EC meeting held at the home of Dr. Saraswathi Muppana, well attended, for those who couldn't come, we used google hangouts, productive meeting, planning for the rest half of the year, reflecting on what we could do better.

## July 3-7

AAPI Annual Convention at Atlanta, attended by Drs Rajendra and Geeta Trivedi. They represented IMANE at the governing body meeting.

## July 13-24

- ▶ AAPI conducted CME tour Israel, Jordan was attended by Dr Saraswathi Muppana, who gave a CME in Isreal on "Sleep and its importance"
- ▶ Global Health Summit, Hyderabad was also attended by her, she gave a second CME presentation on "Updates in Obstructive sleep apnea management" and Dr Muppana says " memorable trip - history, networking, places, made new friends, overall enriching experience" EC meeting (teleconference)

## August 10

IMANE Dinner Cruise in Boston Harbor, beautiful day with good attendance and lot of food, entertainment, was good place to bond and networking experience was worthwhile.

## August 17

IAGB India Day , Boston, collaborated with Tufts Dental School and provided free health screenings, dental screening, BP and Blood sugar screening, ask the doctor segment.

## September 29

- ▶ Women's Forum Event held at the Burlington Public Library, Burlington, MA from 1:30 – 3:30 pm. Anti-Aging, Rejuvenation of The Face and Body Contouring presented by Dr. Sonal Pandya. Non-Invasive Radio Frequency Modalities for Body Contouring and Skin Tightening presented by Angela Lacy, VP Emergent Medical Technologies.
- ▶ Obesity Awareness campaign programme in collaboration with AAPI was conducted opposite above venue and pamphlets regarding healthy diet, portion plate, exercise were distributed and public adults and kids were educated on healthy weight maintenance and healthy living. It was attended by IMANE EC, members and AAPI Chair BOT Dr Seema Arora and AAPI BOT Dr Sapna Aggrawal (who is also the Chair of Women's forum along with co chair Dr Mohini Malhotra.

## October 19

AAPI Governing Body meeting, St Louis attended by Dr Muppana EC meeting held at the Massachusetts Medical Society/Waltham

## November 7

EC meeting (teleconference): IMANE involvement in THREADS conference, Boston on the medical committee Planning for the gala, membership drive

## November 16

- ▶ Annual Gala at Embassy Suites in Waltham, MA 4:30 pm-11pm
- ▶ General Body Meeting 4:30 – 5:30 pm
- ▶ Cocktail reception: 5:30 - 6.30 pm
- ▶ Speeches & Awards presentation 6.30-8:00 pm
- ▶ Dinner, Dance and Merriment Begin: 8:00 pm

## December 12 TBA

EC meeting (teleconference)



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We look forward for continuing support.

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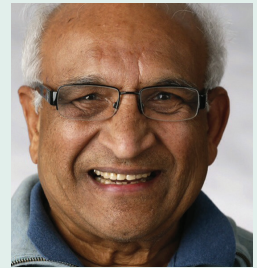
Therapeuticsmd

Vikas Merchia

William Cobb

# IMANE AWARDS 2019

## Dinesh Patel, MD - PRESIDENTS AWARD



Dinesh G. Patel M.D. is Emeritus Chief of Arthroscopic Surgery at Massachusetts General Hospital and is Associate Clinical Professor of Orthopedic Surgery at Harvard Medical School. He has been at Massachusetts General Hospital /Harvard Medical School for 52 years.

His interest and passionate efforts in health care resulted in furthering the field of Arthroscopic surgery for disabling joints where some folks call him as grandfather. He has taught and trained Orthopaedic Surgeons from Japan, Mexico, India, Argentina, Brazil, Italy, Indonesia, France, Egypt, Germany and many more. Had fellows visiting him from all over the globe learning Arthroscopic surgery. He is founding member of Arthroscopic association of North America as well as International. Was on the board and chairman of education.

He established Indian Arthroscopic society and travelled every year for many years to teach and train Ortho surgeons and ran surgical camps across India. Very proud of this sustained teaching and surgical camps. He with MGH simulation center started a program to educate and excite school childrens –(STEM) science, simulation and health care with the use of Arthroscopic skills. Still continued at Rusell museum at MGH.

He has received many awards nationally and internationally from professional and non profit organizations for his pioneering work in Arthroscopic Surgery and public service. Dr. Patel has been in U.S. News and World reports as one of the best doctors in Orthopaedic Surgery. In February 2002, Boston Magazine voted him by his peers as one of the Top Doctors in the field of Orthopedics.

He has been on national TV in past talking about Arthroscopic surgery. He is extremely proud of the fact that Arthroscopic surgery has expanded in all fields reducing misery to patients improving the quality of life and cost reduction to industry.

At Harvard he has been a former member of Harvard Medical School Admission Committee and Senior Mentor for Medical Students providing guidance in their principal clinical experience at MGH.

The Massachusetts Office for Refugees and Immigrants under Governor Weld gave him "The Governor's New American Appreciation Award "for New Immigrants. Gov Dukakis appointed him as a Member of the Board of Registration in Medicine and during Gov Weld time he became Chairman. Two governors.

There were lots of challenges during that time but one of the highlights which he is proud of while serving on the Board was receiving an Appreciation Award from American Jewish Congress for Enabling Refugee Physicians to have an opportunity to continue their professional lives in this new country.

He also was a Board Member and Executive Committees of the Federation of State Medical Boards (FSMB). Was on many committees and helpful in establishing USMLE. In April 2003, the FSMB honored Dr. Patel with the John H. Clark, MD Leadership Award—the first from Mass State. --[www.fsmb.org](http://www.fsmb.org)

In that same year, he was appointed as Commissioner of the National Committee on Foreign Medical Education and Accreditation-- Education Department Washington

He served on the Board of catastrophe illness in children relief fund State of Massachusetts. Former member of BCBS credentialing committee. He has been involved in Indian American community activity be it professional, social or Indo US relations. He was one of the Founding Member and former Board Member of TIE and help start life sciences section.

He was also one of the founding member of IMANE AND IAFPE and national President of IAFPE. He was chairman of AAPI CME as well as Equipment donation—charitable activity and ran educational meeting in India. Global non profit [WWW.ALTSO.ORG](http://WWW.ALTSO.ORG)-- Artificial limbs for children's A leg to stand on -- nonprofit established in USA. Sister organization started at Paraplegia Hospital Ahmedabad with donations from USA and Gujarat Govt. after Gujarat earthquake. This organization is now global helping childrens who lost the limbs.

He received International Paul Harris Rotary award for his work. Dr. Patel was given the Vishwa Gurjari award in 1988. In Jan 2004, he was given a very prestigious Gujarat Garima Award by the Prime Minister of India in Ahmadabad. He and his wife Kokila Patel have three children and 10 grandchildren and been in Lexington since 1974 His hobby photography and love for the town.

# IMANE AWARDS 2019



## **Manju Sheth, MD - PRESIDENTS AWARD**

*Dr. Manju Sheth, MD, is an internist focused on women's health and works at Beth Israel Lahey Health. In 2013, she served as the president of the Indian Medical Association of New England.*

*Dr. Sheth is the President & CEO of the India New England Multimedia, a nonprofit organization dedicated to empowering, entertaining, and educating the Boston community through interviews, Health related events, and the organization's flagship event – The New England Choice Awards/NECA Awards, where they celebrate industry & community leaders & also organizations in several important categories.*

*Dr Sheth is also the Director and hostess of 'Woman of the Year' since 2013 . She has received numerous awards for her community work and advocacy and was won "Woman of the Year" in 2011 and was also voted in the "150 Women of Influence" by the YWCA Boston and amongst 50 most influential Indians in NE in 2012. Dr Sheth was appointed in February 2018 to the prestigious Patient Care Assessment Committee at Harvard Pilgrim Health Care. With INDIA New England News, she co-founded the New England Health Expo in 2013. It is the largest South Asian Health Expo in North America. Further, she has written a successful series for local media /Lokvani titled "Movers and Shakers in Medicine" which featured the well-known Indian American doctors in New England who have made a huge difference globally in world of medicine.*

*In addition to her medical career, she is passionate about women empowerment. In recent years, Dr. Sheth has led many fund raisers for local charities including Saheli, which provides support to South Asian domestic violence victims in the Boston area. Previously, she served as a member of the Board of Directors of the Asian Task Force Against Domestic Violence. In addition, Dr. Sheth was a trustee of the Indian American Forum for Political Education, which helps increase political awareness among South Asians. Dr. Sheth is well-known across the South Asian community for her interview series "Chai with Manju", where she interviews celebrities. She is married to a physician Dipak & they have a daughter Shaleen, a senior at Babson college.*

## **Sapna Aggarwal, MD - PRESIDENTS AWARD**

*Dr. Sapna Aggarwal is a board certified internist who works at Signature Health Care. Her clinical interests include women's health and preventive medicine. She graduated from Maulana Azad Medical College in New Delhi, India and completed her residency in internal medicine at Boston University. She then completed her fellowship in oncology and Hematology. She is currently on staff at Brockton Hospital in Massachusetts.*

*She was President of IMANE (Indian Medical Association of New England) 2016. She is Board of Trustee for the largest national Indian doctors organization-AAPI(American Association of physicians of Indian origin ). She has been the delegate of most reputed Medical Organization of MA-Medical Massachusetts Society. She has been chair and co-chair of AAPI CME Cruise and many IMANE Spring CME Conferences, speaker in many health settings for many years. She is currently the Chair of Women's forum of IMANE.*

*She was the recipient of the President's Award for Outstanding Dedication to IMANE for year 2013. She also was awarded IMANE Ambassador Award for year 2014. Ambassador Award for IMANE (2014). She was also the recipient of AAPI President Plaque (2016). Outside of work, she enjoys sports, politics, dancing and spending time with her husband Vijay and daughter, Megha.*



# IMANE AWARDS 2019

## **Sahdev Passey, MD** **COMMUNITY SERVICE AWARD** *for excellence in serving the community*



*Dr. Sahdev Passey is a life member of the IMANE. He has served IMANE as President during 2003 and Chair of the Board of Trustees in 2008. He also served as Chair of the By-Laws Committee for many years and currently is a consultant to our By-Laws Committee.*

*Dr. Passey, current president of the MMS Worcester District Medical Society, guided the founding and opening of the Free Health Stop in Shrewsbury in 2005. The Free Health Stop is a charitable project of the India Society of Worcester and the Indian Medical Association of New England.*

*The clinic provides health care to the underserved and uninsured in the local community. Dr. Passey is a staple and an organizational and clinical leader at the Free Health Stop, where he has provided direct care for last 15 years.*

*Dr. Passey and his wife, Carolyn, have been integral in inspiring and mentoring a dedicated team of volunteers comprised of physicians, medical students and other staff members who see patients of all ages and backgrounds, especially those who are recent immigrants and refugees to Worcester and the surrounding area.*

*Dr. Passey's volunteerism extends beyond the clinic and into myriad roles in Worcester. He established the India Day Festival for the India Society of Worcester in 1989 and chaired it for 26 years. He was also one of the founding directors of the South East Asian Coalition of Central Mass. a non-profit organization of refugees and immigrants from South East Asia and recently from Middle East, to help them assimilate in main stream America.*

*He also established the Asian Festival for the organization and had chaired it since 2003. For his service to others, Dr. Passey has been honored with several awards, including the Key to the City of Worcester, citation for community service from former Massachusetts governor William Weld of Massachusetts, Community Service Awards from both IMANE and the India Society of Worcester, the Community Clinician of the Year Award from the MMS Worcester District Medical Society, He was awarded this year Senior Volunteer Physician of the Year by MMS.*

*Dr. Passey, a graduate of the Gandhi Medical College at Bhopal University in India, is a board-certified pediatrician in private practice at Quality Kids Kare, PC in Worcester for the last 41 years. For more than 30 years, he has been a member of the faculty of the University of Massachusetts Medical Center, Department of Pediatrics.*

## **Bharti Khurana , MD** **GOYAL PHYSICIAN ACHIEVEMENT AWARD** *For distinguished service to community and IMANE*

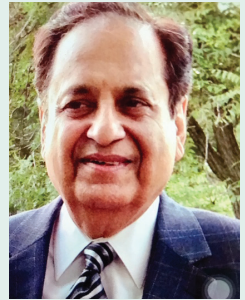


*Dr. Bharti Khurana is an emergency radiologist and Director for Emergency Musculoskeletal Radiology at Brigham and Women's Hospital, Harvard Medical School. She is considered a leading expert in trauma imaging and lectures frequently at national conferences and Grand rounds. She is at the vanguard of innovation happening at the cross-roads of radiology and Artificial Intelligence, leading efforts in providing meaningful imaging interpretations by radiologists and developing machine learning algorithms for injury detection. She believes in harnessing the power of artificial intelligence for radiologists to move beyond clinical diagnosis. Her novel and innovative work on detecting victims of intimate partner violence using radiology and machine learning has received numerous accolades across medical, social and technology fora. She has authored more than 85 peer-reviewed academic publications and popular COFFEE ER book. Her research work has received several prestigious awards from the Radiological Society of North America (RSNA) including three Magna Cum Laude and five Cum Laude. She is a widely respected and beloved teacher and has been the three-time recipient of RSNA distinguished Honored Educator award. The Academy for Radiology and Biomedical Imaging Research has recognized her with an Imaging Innovator award this month. Dr. Khurana graduated from Maulana Azad Medical College, New Delhi, India and she completed her radiology residency and musculoskeletal radiology fellowship at Brigham and Women's Hospital. At Harvard Medical School, she holds the title of Assistant Professor of Radiology and is the course director for their Emergency Radiology continuing medical education program.*

# IMANE AWARDS 2019

## **Pramod Shah, MD** **AMBASSADOR AWARD**

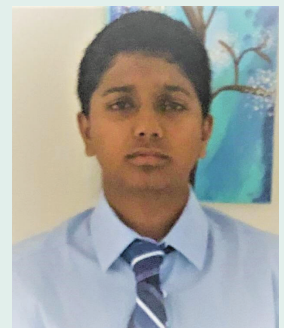
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and bringing in new members*



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- ▶ Primary care Physician since 1972
- ▶ Various positions held
- ▶ Chairman of Dept. Of Surgery
- ▶ Melrose Wakefield Hospital
- ▶ IPA PRESIDENT FOR MANY YEARS OF 350 + physicians
- ▶ Board member of PHO's, IPAs, finance committees, contracting committees, risk management committees and executive committees etc.

## **Ajay Vempati** **YOUNG STUDENT SECTION** **Ambassador Certificate of Recognition**

*Ajay Vempati is a 10th grader at St. Johns Prep School, Danvers, MA. Ajay has a passion to be a doctor. and aspires to be a Neurologist. Apart from playing Tennis, he volunteers at medical camps and care facilities. With his caring nature and radiant smile he is always excited to volunteer.*



*IMANE pays tribute to one of its Founding Member Dr. Maya B. Shahani  
who was honored Posthumously by the Craniofacial Center at the  
University of Illinois*

# PHOTOS

## COMMUNITY HEALTH EVENTS



# PHOTOS

## AAPI CHARLOTTE, STL, ISRAEL, GHS CONVENTION



# PHOTOS

## IMANE CRUISE



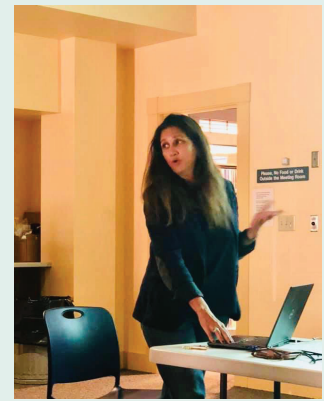
## IMANE MONTHLY MEETINGS





# PHOTOS

## WOMEN FORUM



## IMANE MONTHLY MEETINGS



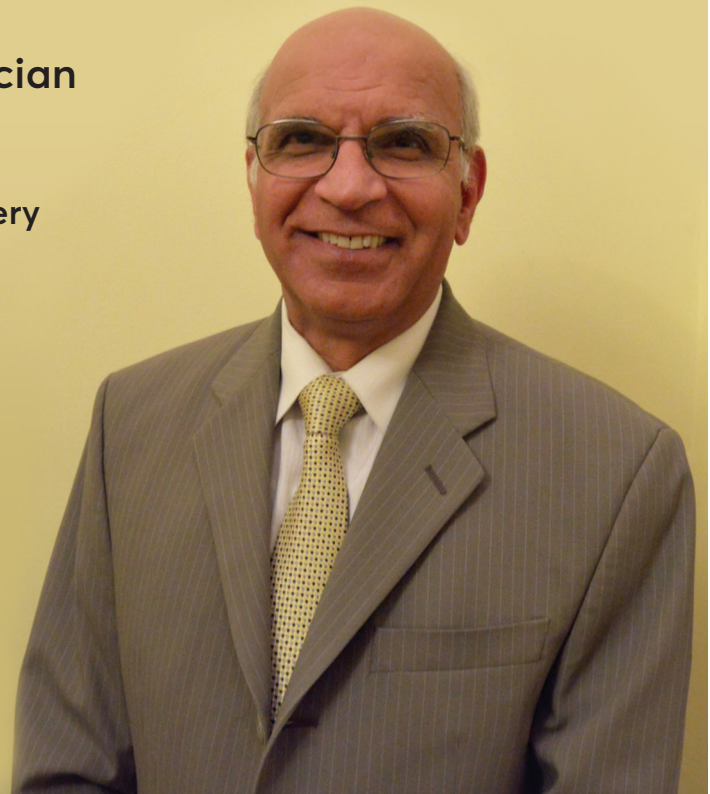
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IMANE and Dr. Saraswathi Muppana  
for an outstanding work this year.

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**Congratulations to  
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**Best wishes to successful**

**Annual IMANE Dinner Gala**

**Sudhakar Jonnalagadda MD;AGAF  
President Elect AAPI**

**Best wishes to IMANE President  
Dr Saraswathi Muppuna and her entire team  
for grand success at Annual Gala**

**May peace and plenty be the first,**

**May the joy of the season stay with you throughout the year.**

**Smita Patel, MD & Kanu Patel, MD**



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# CONGRATULATIONS

TO DR SARASWATHI MUPPANA AND HER ENTIRE TEAM

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DR. VENKATA SESHU RAVI (2000)  
AND  
IMANE LIFEMEMBERS  
DR. GHANTESWARA RAO  
DR. SRIDHAR DASARI  
DR. ANITA DASARI

**BEST WISHES TO IMANE**  
**Dr. Saras Muppana and Team**

## **SATHEESH KATHULA, MD, FACP**

Board Certified Hematologist and Oncologist  
Clinical Professor of Medicine  
Man of the Year, Leukemia and Lymphoma Society, 2018

Chair, IT Committee, National AAPI  
Editor, Enewsletter, AAPI  
Founding member and Past President of AIPO  
Board of Trustees, AAPI- 2014-2017  
Regional Director, AAPI- 2012-2014

Advisor, Pfizer Multi-Cultural Center for Excellence  
Board of Trustees, Leukemia and Lymphoma Society- Dayton Chapter





**CONGRATULATIONS**  
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## Call to engage in Prevention of Heart Disease

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**Eighty percent** of heart disease is preventable... [American Heart Association \(AHA\)](#)

High blood pressure (Hypertension) is the **number one** cause of death and disability surpassing Tobacco... [World Health Organization \(WHO\)](#)

**One billion** people in the world have hypertension... [WHO](#)

**Fifty percent** of strokes and heart attacks are caused by hypertension... [WHO](#).

**Up to 100 million** Americans have hypertension and **fifty percent** of them do not have it under control... [Centers for Disease Control \(CDC\)](#)

Hypertension in Black America is more common, **more difficult to control** and associated with more complications at an earlier age... [CDC](#)

Heart failure is the **most common reason for admission and readmission** for Medicare participants... [The Agency for Healthcare Research and Quality \(AHRQ\)](#)

Table salt consumption is by far the most common preventable cause of hypertension... Thousands of papers as summarized by prominent scientists like Dr. Stamler, who is considered the “Father of Preventive Cardiology” and coined the phrase “Risk factors”.

Prof. Norm Campbell, University of Calgary; the HSFC CIHR Chair in Hypertension Prevention and Control (2011–2016), is on the executive committee of the World Hypertension League as Past President. He seeks to improve hypertension control, unhealthy diets and physical inactivity on a national and global scale. He is well known for his work on sodium reduction round the world.

*Surender Reddy Neravetla, MD is author of the “Salt Kills” series and Director of Multi Award winning Cardiac Surgery at Springfield Regional Medical Center in Ohio.*



*Congratulations!*

IMANE AND EXECUTIVE COMMITTEE  
AND ORGANIZING COMMITTEE  
FOR A SUCCESSFUL ANNUAL CONVENTION

WITH BEST WISHES

**RAGHU LOLABHATTU MD.**

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ANNIVERSAR

With Best Wishes

## Indian Medical Association of New England (IMANE)

ICC values its relationship and partnership with IMANE from the very beginning of our journey to serve our community.

IMANE's leaders – Executive Committees, Board of Trustees have encouraged and supported our mission over the years. We look forward to continue and strengthen this collaboration so that we can make even a bigger impact and serve our community!

### ICC Team

Amit Akkad	Raman Gandhi
Krishna Kalghatgi	Chetan Mepani
Yogesh Parikh	Jayanti Patel
Sangeeta Saxena	Manoj Turkhia
Bindu Vyas	Samita Apte (Prog. Coordinator)

Girish A. Mehta, Founder and Exec. Director

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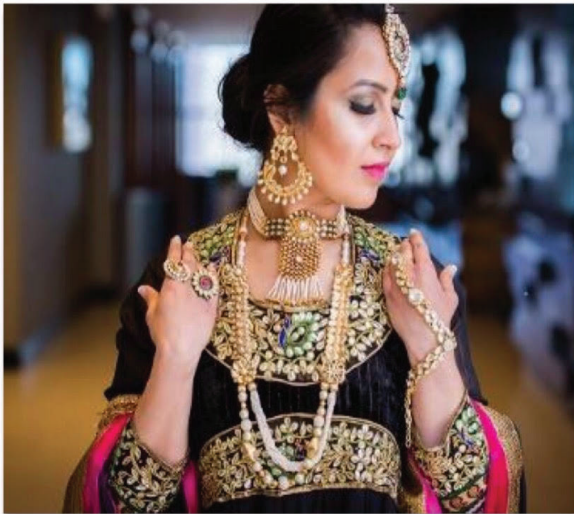
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# AAPI RECOGNIZES AUA COLLEGE OF MEDICINE AS A WORLD LEADER IN MEDICAL EDUCATION

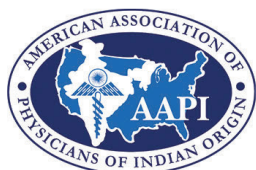
AAPI members and their families are eligible for a \$25,000 scholarship from AUA College of Medicine. A limited number of these scholarships are available.

Visit [go.auamed.org/aapibtw](http://go.auamed.org/aapibtw) to learn more.



American University of Antigua (AUA) College of Medicine is a fully accredited international medical school with clinical rotations available in the US, Canada, India and UK. Premed programs available in Antigua and India.

PLEASE VISIT [GO.AUAMED.ORG/AAPIBTW](http://GO.AUAMED.ORG/AAPIBTW) OR  
CALL +1 551 230 6605 TO LEARN MORE.





**Dr. Ravi Kolli**

**Secretary of AAPI**

**wishes IMANE annual gala a grand success**

**Best wishes to Dr. Saraswathi Muppana**

**President of IMANE**

**EC members: Drs. Dhrumil Shah, Vikas Merchia, Seema Gupta, Akash Patel**

**Members at Large: Drs. Paul G. Mathew, Mohani Malhotra, Sonali Khond, Geetha Trivedi and Shika Merchia**

**BOT: Drs. Pramod Shah, Kishor A. Mehta, Vikas Desai, Ashok Joshi and Rajendra Trivedi**

**AAPI CF Chair: Dr. Chander Kapasi, AAPI BOT Chair: Seema Arora and AAPI leaders Drs. Sajani Shah, Sapna Agarwal, Sameer Kapasi, Onaly Kapasi, Ammani Dasari and others**

**Please vote for**

**Dr. Ravi Kolli**

**as Vice President of AAPI 2020**



Congratulations on a successful year to :  
**Dr. Saraswathi Muppana**  
 President, IMANE

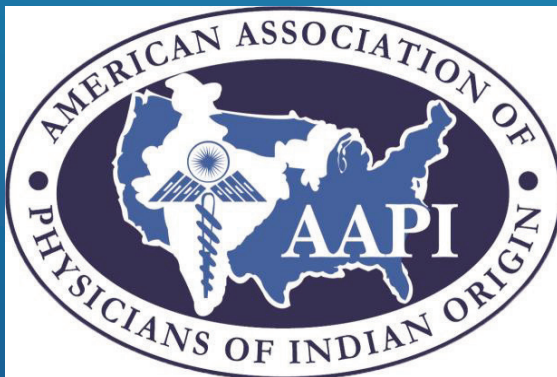
Best Wishes to :  
**Dr. Dhrumil Shah** : President Elect  
**Dr. Seema Gupta**: Secretary  
**Dr. Akash Patel** : Treasurer



**Dr. Suresh Reddy**  
 President, AAPI

**Dr. Seema Arora**  
 Chair, AAPI BOT

**Dr. Chander Kapasi**  
 Chair, AAPI CF



GET READY FOR THE ADVENTURE  
 OF A LIFETIME  
**ANTARCTICA**  
 GO GLOBAL  
 WHEN YOU ARE STILL MOBILE

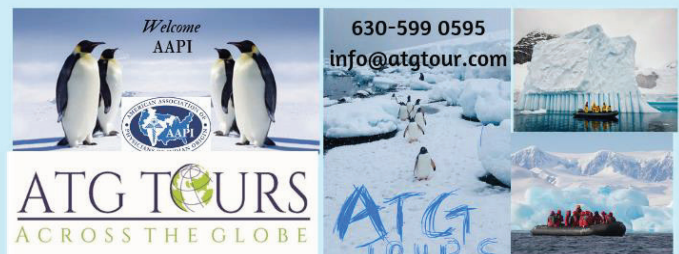


DR. SURESH REDDY President 2019-20  
 DR. SEEMA ARORA Chair, BOT 2019-20  
 DR. VANDANA AGARWAL Chair, Family CME trip  
 OCEAN ATLANTIC  
 DR. AJAY LODHA Past President Advisor  
 DR. SUDHAKAR JONNALAGADDA President - Elect 2019-20  
 DR. ANUPAMA GOTIMUKULA Vice - President 2019-20

**If it's on your bucket list, just do it !!!**  
 Once in a lifetime opportunity to enjoy the greatest adventure of life with your friends and family, with Indian food and Indian Entertainment at **rock bottom prices**

**IMANE Special : \$ 1000 off/cabin**

**SHIP 1 : NOV 28TH 2019 (ALMOST SOLD OUT)**  
**SHIP 3 : JAN 12TH, 2020 (FEW CABINS LEFT)**  
**\$ 8990 /PER PERSON (DOUBLE OCCUPANCY)**



# RAJ BHAYANI

FOR AAPI SECRETARY 2020-2021



**AAPI TREASURER 2019-2020**

- **CONVENTION CHAIR AAPI 2017 ATLANTIC CITY**
- **CONVENTION CHAIR AAPI GLOBAL HEALTH SUMMIT 2016 UDAIPUR, INDIA**
- **CO-CHAIR AAPI GLOBAL HEALTH SUMMIT 2019 HYDERABAD**
- **CHAIR AAPI IT COMMITTEE 2018-19**
- **PRESIDENT AAPI NYC METRO 2016**
- **PRESIDENT ELECT AAPI-QLI 2019**
- **FOUNDER NJ STATE AAPI 2018**
- **CO-CHAIR AAPI LEADERSHIP CONFERENCE, NEW YORK 2017 & 2018**
- **AAPI GOVERNING BODY STANDING COMMITTEE**

#### MEMBER

- AAPI Publication Committee
- AAPI Legislative Committee

#### CO-CHAIR

- AAPI Global Health Summit Mumbai, India 2018

#### ORGANISING COMMITTEE

- AAPI Global Health Summit Kolkutta

#### CONVENTION CHAIR

- AAPI-QLI 2015
- Diwali gala, AAPI-QLI 2018

#### MEMBER AAPI AD HOC COMMITTEE

- AAPI CPR Council
- AAPI Adopt A Village
- AAPI Cancer Screening Program
- AAPI Environmental Program

#### AAPI CLINICAL SPECIALITY NETWORK

- Co-Chair ENT Specialty

**“The best way to find yourself is to lose yourself in the service of others.”**

Mahatma Gandhi