



### IMANE UPDATES by Dr. Nasir Khan

Sept. 2013

#### Dr. Manju Sheth, President,

says that it has been an honor to lead IMANE this year and we are pleased to report that we are well on track for fulfilling our mission and goals as follows:



- Increasing community outreach services
- Increasing membership in IMANE
- Organizing a number of important events
- Strengthening fundraising for charities
- Raising funds for the IMANE charitable account

Dr. Sheth has also had the support of a very able Executive Committee and Board of Trustees, along with good administrative support from the Massachusetts Medical Society, which has helped enhance her success in her many endeavors on IMANE's behalf. ❖

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*Dr. Sheth is a practicing internist who is affiliated with Beverly Hospital. She is originally from New Delhi. She graduated from Kolkata Medical College and she is married to a physician, Dr. Dipak Sheth. They live with their daughter Shaleen, in Lynnfield.*

## NOTABLE EVENTS IN 2013

As President, Dr. Sheth represented IMANE at a variety of events held throughout the region. These include the following:

**March:** At the **Shaam-e-Burman Musical Show** at Lexington Heritage Museum, IMANE was awarded a \$1,000 donation to fund two free healthcare clinics, one in Woburn with Dr. Singh and the other in Billerica with Dr. Trivedi.

**April:** Dr. Sheth was instrumental in very successfully putting together the very first Indian and South Asian **Free Mega Health Expo** in collaboration with **INDIA New England**. The event was held at the Newton Marriott and many well-known doctors were represented. The moderator was Dr. Suresh Reddy, supported by Dr. Sapna Aggarwal. A free health screening was provided by the IMANE team, led by Dr. Subha Thiagarajan, Chair of the Community Service Committee. There were more than 600 attendees, 24 exhibitors and 15 professional and community agencies represented. In addition, 9 local Indian professionals gave presentations.

**May:** IMANE hosted a very well-received **CME session** at MMS headquarters entitled, "Risk Management and End of Life Care: What Physicians Need to Know." The session included a mock trial and end of life talk.

**June:** **Indian Women's Physicians'** Forum hosted an excellent talk on nutrition by Dr. Saila Reddy.

**July:** IMANE's annual outing was a **Free Picnic** at Nara Park in Acton that was led by Dr. Sajani Shah Kapasi and Sameer Kapasi and supported by Dr. Thiagarajan. The weather was beautiful and many members attended.

**Aug:** IMANE was represented at the **India Society of Worcester's India Day**.

### Upcoming Events

**Sept.:** IMANE will partner with **Saheli "Nirbhaya"** to host a fundraiser at the Waltham Western Hotel on Fri., Sept. 20, to raise money to empower women and families.

**Nov.:** IMANE is planning its **Annual Meeting** at the Burlington Marriott on Sat., Nov. 23, with a program that's currently being developed. We plan to showcase IMANE talent in a culture show led by Dr. Seema Arora, Secretary and Chair of the Culture Committee.

# INDIAN MEDICAL ASSOCIATION OF NEW ENGLAND

## EXECUTIVE COMMITTEE 2013

Manju Sheth, MD, President

Sajani Shah, MD, President Elect

Sucheta Doshi, M.D., M.P.H., Past President

Seema Arora, M.D., Secretary

Sapna Aggarwal, MD, Treasurer

## MEMBERS AT LARGE:

Sameer Kapasi, M.D.

Subha Thiagarajan, M.D.

Suresh Reddy, M.D.

Anita Vanka, M.D.

Deepak Takhtani, M.D.

## YPS REPRESENTATIVE:

Jatin Roper, M.D.

## BOARD OF TRUSTEES:

Apurv Gupta, M.D.

Purnima Sangal, M.D.

Manorama Mathur, M.D.

Geeta Trivdei, M.D.

Nasir Khan, M.D.

## NOMINATING COMMITTEE CHAIR:

Ammani Dasari, MD

## APPI REPRESENTATIVE:

Laiilt Savia, MD

## OTHER ACTIVITIES AND HONORS:

- **Pratham:** Major Award was given to Dr. Sheth as IMANE President for **community services**.
- **United India Association of New England:** Many IMANE members participated in the **Women's Health Fair**, including Dr. Sheth, Dr. Sajani Shah Kapasi, Dr. Arora and past president Dr. Chander Kapasi. Dr. Aggarwal emceed the event.
- **Association of Pakistani Physicians of New England:** Dr. Sheth attended the **APPNE annual meeting** as guest of Dr. Jamila Khalil, President of APPNE. The event was held in the Waltham Westin Hotel.
- **Adnan Sami Show:** IMANE received the **Lifetime Achievement Award** at the Adnan Sami Show, Paul Tsongas Arena, in March.
- **YPS:** YPS has hosted many programs, including a **mentorship program** with Dr. Sanjiv Chopra, which was led by Dr. Jatin Roper and supported by Dr. Anita Vanka.
- **AAPI:** IMANE has been closely involved with **many AAPI activities** throughout the year.

### 2013 Committee Chairs

Scientific/CME Committee: Suresh Reddy, MD

Membership Committee: Sapra Aggarwal, MD

Community Services Committee: Subha Thiagarajan, MD

WEB/IT Committee: Sameer Kapasi, MD

Bylaws Committee: Sahdev Passey, MD

Arts and Culture Committee: Seema Arora, MD

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Here are some photos of IMANE activities held throughout the year:



## IMANE

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