



INDIAN MEDICAL ASSOCIATION OF NEW ENGLAND  
**31<sup>ST</sup> ANNUAL MEETING**

SATURDAY, NOVEMBER 21, 2009  
5:00 to 10:00 P.M.

**DISTINGUISHED GUEST**

**HIS EXCELLENCY DEVAL L. PATRICK**  
GOVERNOR,  
COMMONWEALTH OF MASSACHUSETTS



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# *Our Distinguished Guest*



## **His Excellency Deval L. Patrick, Governor of the Commonwealth of Massachusetts,**

was elected in November of 2006. He brings to the Governor's office a broad range of leadership experience at the top levels of business, government and non-profits. Hoping for the best and working for it, as his grandmother used to counsel him, his life has traced a trajectory from the South Side of Chicago to the U.S. Justice Department, Fortune 500 boardrooms, and now the Massachusetts State House.

Patrick came to the Commonwealth in 1970 at the age of 14. An excellent student despite the difficult circumstances of poor and sometimes violent Chicago schools, he was awarded a scholarship to Milton Academy through A Better Chance, a Boston-based organization.

After graduating from Milton, Patrick went on to Harvard, the first in his family to attend college. He received his degree, with honors, in 1978 and

spent a post-graduate year working on a United Nations youth training project in the Darfur region of Sudan. He returned to Cambridge to attend Harvard Law School in the fall of 1979, where he led the Legal Aid Bureau, the nation's oldest student-run legal services organization, and won the Ames Moot Court competition.

Following law school, Patrick served as a law clerk to a federal appellate judge before joining the NAACP Legal Defense and Education Fund. In 1986, he joined the Boston law firm of Hill & Barlow and was named partner in 1990, at the age of 34.

In 1994, President Clinton appointed Patrick Assistant Attorney General for Civil Rights, the nation's top civil rights post. At the Justice Department, Patrick worked on a wide range of issues, including prosecution of hate crimes and abortion clinic violence, and enforcement of employment discrimination, fair lending and disabilities rights laws. During his tenure, Patrick led the largest federal criminal investigation before September 11th, coordinating state, local and federal agencies to investigate church burnings throughout the South in the mid-1990s.

Patrick returned to private practice in 1997 with the Boston firm of Day, Berry & Howard. That same year, he was appointed by a federal district court to serve as the first chairperson of Texaco's Equality and Fairness Task Force. Working with employees at all levels, Patrick and his Task Force examined and reformed Texaco's complex corporate employment culture, and created a model for fostering an equitable workplace. Patrick was hired by Texaco in 1999 to serve as Vice President and General Counsel leading the company's global legal affairs.

In 2001, Patrick joined The Coca-Cola Company as Executive Vice President and General Counsel. He was elected to the additional role of Corporate Secretary in 2002, and served as part of the company's senior leadership team as a member of the Executive Committee.

Governor Patrick has served on numerous charitable and corporate boards, as well as the Federal Election Reform Commission under Presidents Carter and Ford, and as Vice Chair of the Massachusetts Judicial Nominating Council by appointment of Governor Weld. He is the recipient of numerous awards and honorary degrees, and is a Henry Crown Fellow of the Aspen Institute.

Diane and Deval Patrick have been married for over twenty-five years and have two adult daughters, Sarah and Katherine. The Patrick family has lived in Milton, in a house on Deval's high school paper route, for the last 20 years.

# THE INDIAN MEDICAL ASSOCIATION OF NEW ENGLAND

## *Program*

4:30 - 5:00 PM	REGISTRATION
5:00 - 6:00 PM	GENERAL BODY MEETING & ELECTIONS
6:00 - 7:00 PM	COCKTAIL RECEPTION
7:00 - 8:00 PM	AWARDS AND SPEAKERS <b>NASIR A. KHAN, MD,</b> PRESIDENT, IMANE: <i>REVIEW OF THE YEAR</i> <b>HIS EXCELLENCY DEVAL L. PATRICK</b> GOVERNOR, COMMONWEALTH OF MASSACHUSETTS <b>ONALY KAPASI, MD,</b> RECIPIENT, 2009 IMANE COMMUNITY SERVICE AWARD <b>GEETA TRIVEDI, MD,</b> PRESIDENT-ELECT, IMANE: <i>CONCLUDING REMARKS</i>
8:00 - 10:00 PM	DINNER AND ENTERTAINMENT MUSIC: <i>DJ YOGZ</i> ENTERTAINMENT: <i>BHANGRA TEAM DANCERS</i> CATERING: <i>THE BOMBAY CLUB/MASALA ART</i>

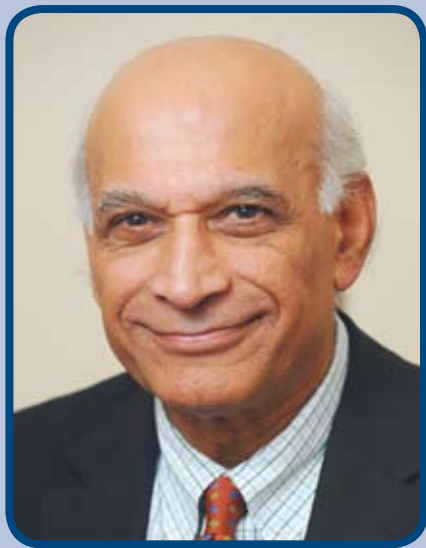


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# Message From The President



I would like to welcome you to the Indian Medical Association of New England (IMANE) 2009 Annual Meeting. We are fortunate to have **His Excellency Deval L. Patrick, Governor of the Commonwealth of Massachusetts, as our Distinguished Guest.** Having him join us for this event is the perfect way to celebrate the end of my term as IMANE's President.

It has been a true honor to hold such an important leadership role in one of the oldest Indian medical associations in the United States. This position has provided me with a unique opportunity to get to know many medical professionals of Indian descent who go to great lengths to give back to their communities. It makes me proud to be such a vital part of these efforts.

As you all know, the economic realities we have grappled with, both individually and also as a group, over the past year have been some of the toughest faced in many decades. Yet these challenges have not distracted IMANE from its mission, nor have they kept us from continuing to thrive and grow as an association. In fact, I am pleased to report that we have used this opportunity to pull together even more closely to support our colleagues, friends and neighbors. Such caring has allowed us to become, and also remain, the strong and vibrant presence that we are today.

I congratulate Dr. Geeta Trivedi, the President-Elect, who will take over where I have left off. I also encourage you to take a closer look at our organization's many accomplishments in 2009. I offer you an overview of the highlights from the past year on the following pages, and encourage you to celebrate our achievements, which could not have been possible without your support.

I would like to thank all of you who have given your time, effort and professionalism to IMANE and hope you will continue to stay active over the coming months and years.

Sincerely,

A handwritten signature in black ink, appearing to read "Nasir A. Khan". The signature is fluid and cursive, with a small flourish at the end.

Nasir A. Khan, MD  
President, IMANE

# *IMANE 2009 Accomplishments*

*When I took over as President of IMANE a year ago, I made a commitment to continue the long history of strong leadership that existed. Therefore, at the onset of my term of office, I presented a list of priorities for the future of IMANE that I felt were important for us in order to continue the momentum that my predecessors had started and which were crucial for future successes.*

*Some of these priorities are now listed below, along with a brief overview of how we accomplished each over this past year. I am pleased to say that we met – or even exceeded – each goal. As a result, our organization is now even stronger than it was a year ago. Congratulations to our Executive Board, Board of Trustees and members for their support on so many levels.*

## *Strengthened Internal Communications*

In an effort to improve communications with members, I put the following practices in place:

- I developed a **monthly email newsletter communication sent to all IMANE members** that enabled me to stay in regular contact with the membership and keep everyone up-to-date on our activities in an easy-to-digest format. In each newsletter, there was a biographical profile of our Executive Committee and Board of Trustees members.
- We distributed the agenda and minutes of all Executive Committee Meetings in advance to all EC and BOT members, resulting in more focused meetings.
- We have been **updating IMANE's website** with the help of Dr. Arun Chaudhary to make it a more interactive tool for users. All of the email Newsletters and Profiles can now be found on our website, as well as information about IMANE's latest activities.
- We are also adding a **Physician Directory** of IMANE members on our website that contains contact information in order to facilitate patient referrals.
- We developed the first **IMANE Web-based Survey** to solicit information and feedback about our organization from our members.



## *Ensured Success with Joint AAPI Efforts*

In 2009 we collaborated with the American Association of Physicians of Indian Origin (AAPI) on several joint events. These include the following highlights:

- We provided a **Continuing Medical Education (CME) Program in Goa, India** in December 2008, in conjunction with AAPI. IMANE oversaw all of the planning, organization and management of the education sessions, and I am pleased to report that the event was a huge success.
- We sponsored a very successful **Joint IMANE/AAPI Governing Body Meeting in Boston** in April 2009, as well as providing a CME program for the event. This offered a unique chance for our members to network with AAPI members from around the country and to expand our reach nationally. This was also a great success.
- I and several other IMANE members represented our organization at the **27th AAPI Annual Convention in Orlando, Florida**, in June 2009.
- We also formalized a joint **IMANE/AAPI Observership Program** under the direction of Dr. Apurv Gupta, and requested Preceptors for the many young physicians starting their careers. Our website has a link to this endeavor.
- IMANE became a **Patron Member** of AAPI this year.



## *Built Alliances with Other Groups*

Over the past year, we also strengthened our efforts to reach out to other organizations – both within New England and also throughout the nation – to help support our common goals. For instance:

- We established relations with the **Indian Circle of Caring, USA, Inc.** by offering guidance and a link to them through our website.
- We collaborated with **MITHAS** (MIT Heritage of the Arts of South Asia), which is a joint collaborative between MIT and the South Asian community at large, to bring semi-classical Indian music to our members.
- We provided financial contributions to several groups, including the **Young Physicians Section (YPS)**, as well as the **Tufts Association of South Asians**, toward various planned events.
- We continued our relationship with the **Massachusetts Chapter of the Association of Physicians of Pakistani Descent of North America.**
- We were honored by the **Federation of Aligarh Alumni Associations** with an award of a Certificate of Merit for our contributions toward making health care more accessible in the region.
- We supported **Akshaya Patra USA: Food for Education**, which is a successful NGO-run organization that provides free school lunches to underserved children in India attending government schools and government-assisted schools.
- We supported **Pratham** which is the largest NGO (non-governmental organization) working to provide education to the underprivileged children of India. Since its founding in 1994, it now reaches millions of children in rural and urban areas.
- We established relationships with several financial service organizations, including **PKA Financial Services Inc., Platinum Insurance Agency, Bullfinch, Janney Montgomery Scott, LLC** and **Morgan Stanley Smith Barney.**





## *Charitable Endeavors*

IMANE continues to reach out and offer its medical expertise to people in Massachusetts who are in need. In fact, although 95 percent of Massachusetts residents are supposedly covered by health insurance, many are falling through the cracks, including visitors in transit, recent immigrants and people of all cultures, and they benefit greatly as a result our members' charitable service.

- IMANE members volunteer their time to support two free health clinics. The first clinic is the **New Hope Health Center in Waltham**, which is located in the basement of the Immanuel United Episcopal Church, and is celebrating its 10th anniversary this year under the direction of Dr. Richard Daly. This is a real milestone. The second clinic, the **Worcester Free Health Stop**, is located in a building owned by the India Society of Worcester in Shrewsbury and recently celebrated its 200th consecutive weekly free clinic. This clinic started in 2005, under the guidance of Dr. Sadhev Passey. I am proud of both of these efforts.
- IMANE also provided **Free Health Fair** booths at **India Day** celebrations this summer. One was held at the Hatch Shell in Boston and the other was in Worcester. Our members volunteered their time to offer health screenings for participants, including blood pressure, diabetes, dental screenings and nutritional guidance.
- We continued with a very successful IMANE-sponsored **Observership Program** run by Dr. Manorama Mathur, a pediatrician, and Dr. Kunwar Singh, an internist and cardiologist in Malden. This is a formal preceptor relationship with faculty appointments with Boston University Medical School. BU Medical students rotate for several weeks per year (and in a few cases, even longer). On occasion, Indian physicians awaiting residency placement have benefitted from preceptorship services.



## *Established Strong Media Relations*

At the start of the year, I pledged to strengthen our connections with the press in order to better raise awareness about IMANE activities and goals. I am pleased to report great progress in this area. Our accomplishments include the following:

- We have developed a strong working relationship with the editors of the main India-oriented media venues. This includes Anil Saigal, who runs **Lokvani**, and Terence Egan, the editor of **India New England**. Many of our activities and events have been covered in these cultural publications. Several letters to the editors I authored have been published in them as well.
- Articles written by me were included in the **AAPI Magazine** on various IMANE/AAPI activities.
- A letter I wrote in response to the Mumbai tragedy on behalf of IMANE was published in the **Boston Globe** this year.

## *Other Accomplishments*

- We made our **activities easily accessible** to a broad audience. For instance, we held a **Summer Picnic** this year for members and their families at the Crane Estate in Ipswich. We also held several **Evening Out** events in Boston, in Wellesley and in Worcester with speakers on financial planning and medical topics.
- With the support of the Board of Trustees and the Executive Committee, we reviewed **IMANE's Constitution and Bylaws** and added a policy to ensure compliance with the recent **IRS Form 990** requirements for nonprofit organizations. These changes will be presented at the Annual Meeting.
- We supported niche groups, including a **Past Presidents' Group**, with initiative from *Dr. Mohani Malhotra* and *Dr. Apurv Gupta*; a **Women's Forum**, co-chaired by *Dr. Manju Sheth* and *Dr. Deepa Jhaveri* with *Dr. Mohani Malhotra* as Moderator; and an **Arts and Culture Group**, founded by *Dr. Manju Sheth*, with support from *Dr. Seema Arora* and *Dr. Mohani Malhotra*.

*While all of these efforts are surely valuable in themselves, collectively they help make IMANE even more vibrant and strong and position the organization for continued success in today's busy and fast-paced world.*

# A Year to Remember . . .



IMANE and AAPI Presidents & Wives



Sightseeing in Goa, India



IMANE/AAPI Members on the Spirit of Boston



April Continuing Medical Education



IMANE Members and Families



Free Health Stop, Shrewsbury

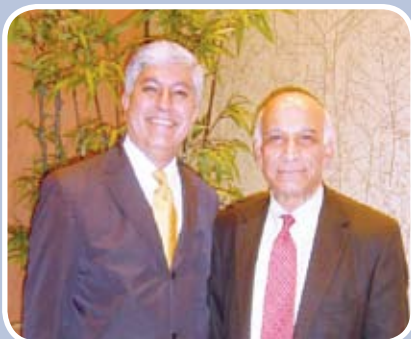
AAPI Annual Meeting, Orlando, Florida



New Hope Health Center, Waltham



Honored by Federation of Aligarh Alumni Association, Marlborough, MA July 2009



Dr. Prakash Masand, IMANE Evening Wellesley, MA



India Day, Hatch Shell, Boston



Waltham Free Health Clinic

## Message from Chair, Board of Trustees



*I would like to take this opportunity to welcome you to our 31st Annual Meeting. It has been a great honor and privilege to work for IMANE and serve as the Chairman of the Board of Trustees for the year 2009.*

*We should all be very grateful and proud of Dr. Nasir Khan for his leadership and commitment to the cause of IMANE. I want to recognize his exemplary work in successfully conducting the CME program in Goa, India for AAPI on behalf of IMANE and for organizing the Spring Governing Body Meeting of AAPI in Boston, along with many other programs he organized during the year. I wish him well as he leaves the Presidency of IMANE.*

*At this time I wish to welcome Dr. Geeta Trivedi and her team as they take over the business of running our organization for the year 2010. We should all extend them our help and support.*

*We are very grateful to have with us tonight the Honorable Deval L. Patrick, our Governor of Massachusetts. We thank him for accepting our invitation to be the Distinguished Guest for the evening.*

*It had been a pleasure to work for IMANE with all of you over the last 15 years and I am grateful for the opportunity you gave me. Carolyn and I will cherish the memories and friendships we have made over the years. We wish you a very happy holiday season and a prosperous New Years.*

*Thank you,  
Sahdev Passey, MD*

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## Message from President-Elect



*It is a privilege and honor to represent IMANE and to help lead our organization on the mission and values that it stands for. I have served on IMANE's Executive Committee in various capacities since 2004, during which time I have helped our organization grow into what it has become today. I look forward to working with everyone to take IMANE to the next level.*

*I want to share with all of you what I see in the future of IMANE:*

- 1. Continuation of the many great projects our past leaders have fostered and that as a team we have made successful.*
- 2. Increase the involvement of the next generation of leaders by giving them more active responsibilities within the organization; they are our future.*
- 3. Work with medical associations of Connecticut, Rhode Island, and Western Massachusetts to make possible a larger, combined Summer Meeting.*
- 4. Increase our work with the media.*
- 5. To work in continuing the publication of an IMANE e-Newsletter.*
- 6. Continue to build the IMANE Women's Forum and involve other women's organizations.*

*All of these goals, and many more, are only possible if we continue to work as a team, using the knowledge and support of our peers, friends and family.*

*Thank you,  
Geeta Trivedi, MD*

## *Executive Committee 2009*

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GEETA TRIVEDI, MD, PRESIDENT-ELECT  
MANORAMA MATHUR, MD, PAST PRESIDENT  
SUCHETA DOSHI, MD, SECRETARY  
ARUN CHAUDHARY, MD, TREASURER

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MOHANI MALHOTRA, MD  
SEEMA ARORA, MD  
NEETA GARG, MD  
SWARAN GOSWAMI, MD  
MANJU SHETH, MD

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SAMEER KAPASI, MD  
SAJANI SHAH, MD

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APURV GUPTA, MD  
LALIT SAVIA, MD  
PANKAJ SHAH, MD  
ANUP SINGH, MD

## *Nominating Committee Chair*

TEJASHWINI SHAH, MD

## *AAPI Regional Director*

ONALY KAPASI, MD

## *Chapter Administrator*

LYNDA LAYER

# *IMANE/AAPI Committee Members 2009*

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MEMBER, DATABASE COMMITTEE

**APURV GUPTA, MD**

MEMBER, PUBLICATIONS COMMITTEE  
IMANE REPRESENTATIVE,  
OBSERVERSHIP COMMITTEE

**CHANDER KAPASI, MD**

CHAIR, PREVENTIVE HEALTH & CHRONIC  
DISEASE COMMITTEE  
MEMBER, NOMINATING COMMITTEE  
DIRECTOR, CHARITABLE FOUNDATION

**ONALY KAPASI, MD**

AAPI REGIONAL DIRECTOR

**SAMEER KAPSI, MD**

MEMBER, IT COMMITTEE

**NASIR KHAN, MD**

PRESIDENT, IMANE,  
MEMBER, AAPI GOVERNING BODY

**SAHDEV PASSEY, MD**

MEMBER, ETHICS & GRIEVANCE COMMITTEE

**JANINE SALDHANA, MD**

CO-CHAIR, ETHICS AND GRIEVANCE COMMITTEE  
MEMBER, PUBLICATIONS COMMITTEE  
MEMBER, MEMBERSHIP & STRATEGIES  
PLANNING COMMITTEE

**SAJANI SHAH, MD**

MEMBER, ACADEMIC AFFAIRS COMMITTEE

**PRASAD SRINIVASAN, MD**

CO-CHAIR, AAPI JOURNAL  
CHAIR, ALUMNI COMMITTEE  
MEMBER, PUBLIC HEALTH COMMITTEE

**CHANDER KAPASI, MD - MOST DISTINGUISHED AAPI SERVICE AWARD, 2009**

## *IMANE'S Past Presidents*

1979 BHAGWAN SHAHANI, MD  
1980 DINESH PATEL, MD  
1981 YOGESHWAR DAYAL, MD  
1982 NARENDRA SHAH, MD  
1983 MANORAMA SAINI, MD  
1984 K. RAMASWAMY, MD  
1985 SHANKAR GARG, MD  
1986 PRAMOD SHOPARKAR, MD  
1987 SHARMISHTA PATEL, MD  
1988 MADHUKAR PATHAK, MD  
1989 MOHANI MALHOTRA, MD  
1990 CHANDER M. KAPASI, MD, MPH  
1991 JANINE SALDHANA, MD  
1992 PANKAJ SHAH, MD  
1993 TEJU SHAH, MD  
1994 MOHAN KORGAONKAR, MD

1995 AMMANI DASARI, MD  
1996 NEELAM SIHAG, MD  
1997 BABU RAMDEV, MD  
1998 SANTOSH SHETTY, MD  
1999 SHREEKANT CHOPRA, MD  
2000 VENKATA RAVI, MD  
2001 BRINDA S. KAMAT, MD, MPH  
2002 ANUP SINGH, MD  
2003 SAHDEV PASSEY, MD  
2004 ONALY ABDULKARIM KAPASI, MD  
2005 LALIT SAVLA, MD  
2006 PURNIMA SANGAL, MD  
2007 APURV GUPTA, MD  
2008 MANORAMA MATHUR, MD  
2009 NASIR KHAN, MD



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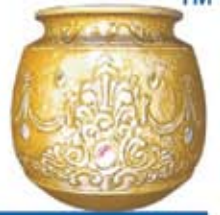


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*-President Barack Obama in a letter to Akshaya Patra*

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- Helped **34 clients** for a variety of urgent and emergency needs in the areas of medical, health support, family crisis, hospitalization, death and bereavement situations.
- We have received support and cooperation of over **33 organizations**.
- Our **90 volunteers** who are willing and ready to help community member in need.
- We have over **1,900 members**. We keep them informed of our achievements.

Voice Mail: 641-715-3900, Ext. 87891 (available 24 x 7)

Email: [icc.cares@gmail.com](mailto:icc.cares@gmail.com)

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## *IMANE Contact Information*



**LYNDA LAYER, CHAPTER ADMINISTRATOR**  
**IMANE, P.O. BOX 9132, WALTHAM, MA 02454-9132**

**TEL: 781-434-7317**

**FAX: 781-893-2105**

**EMAIL: [LLAYER@MMS.ORG](mailto:LLAYER@MMS.ORG)**

**WEBSITE: [WWW.IMANEMD.ORG](http://WWW.IMANEMD.ORG)**